Why is it good to walk to school?

Walking is an easy, fun and healthy activity that kids and families can do every day!

It's also great fun to join up with friends along the way on your journey to school, so why not ask a few friends to walk together and start making it part of your daily routine?

There are so many benefits to walking to school but remember to stay safe and set a good example to your children.

Online resources are available at the following links to help you teach your child about staying safe whilst walking to school and have fun along the way!





think.direct.gov.uk





If you'd like to find out more information email: sta@ealing.gov.uk



www.ealing.gov.uk





christ the saviour primary school - the broadway



Walking to your school



Corfton Road -harlbury Gr St Stephen's Rd (10)10 min walk St Park Cres Mortimer Rd Woodville Gardens Waldeck Rd Carlton Road Haven Grn NORTH CIRCULAR ROAD Madeley Road Ealing Broadway Gordon Road ordon Road Spring Bridge Road Car Park **EALING** Christ the Hamilton Road The Mall Saviour Primary School Craven Ave The Broadway Hastings Rd Freelan New Broadway Uxbridge Road Denmark Rd Uxbridge Road Mattock Ln **Ealing Common** Ln NORTH CIRCULAR ROAD Grange Road Churchfield Road Lavington Rd Grange Park Walpole Park Permit only Mon-Fri Disraeli Rd 10am-5.30pm Elm Avenue (10)Cairn Ave

Plan your walk to school with your child!

Walking to school is a great way to engage with your child and teach them about crossing the roads safely along your journey.

Walking to school with your child counts towards the recommended daily target of at least 180 minutes of physical activity for children under 5 years old, or a minimum of 60 minutes of moderate activity for 5 to 18 year olds!

Walking is the most popular way parents travel and you and your child can meet lots of friends from school along the way.

Popular walking route

IIII Pelican crossing

IIIII Zebra crossing

Pedestrian island

10 minute walk area

____ Footpaths

On-street park & stride

School main entrance

Minutes to walk to school

Please remember that any advice we have provided you has not been based on any medical check. While physical exercise is beneficial in most circumstances, we recommend that if you are concerned about the suitability of some activities or experience discomfort whilst exercising, you seek medical advice from your GP.

Warwick Road

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