



Junior Travel Ambassadors





Big Walk and Wheel at Christ the Saviour



What is it?

The Big Walk and Wheel is the **UK's largest** walking, wheeling, scooting and cycling to school challenge.



When is it?

The challenge runs across the
country from
Monday 20 March- Friday 31
March 2023



We are going to take part from
**Monday 27th March to Friday
31st March**



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What do we need to do?

Walk, wheel, scoot or cycle to school as many times as you can next week!



Encourage your friends to join in too!



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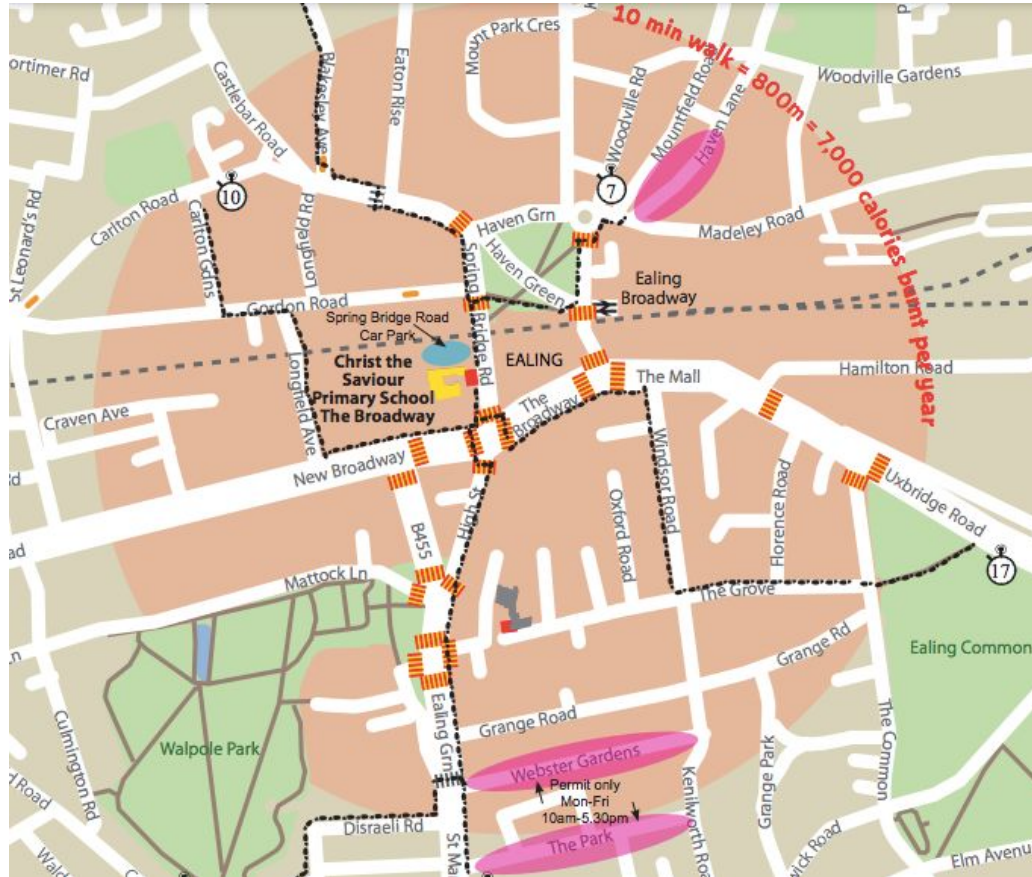
What if I usually come by car?

If you live too far away
to walk, cycle or scoot
try walking and taking a
bus and walking from the
bus stop

or **Park and Stride!**



Park and Stride Map



Sustrans 

On our school website 'Travelling to School' page there is a **Park and Stride** map. The bright pink areas on the map shows you areas less than a 10 minute walk from the school where you can park for **FREE!** ⁷

Why are we taking part in the Big walk and Wheel?

Travelling actively is great exercise and helps us stay healthy!

Travelling actively to school means we arrive more alert and ready to learn!

More people travelling actively to school means cleaner air, less traffic and less noise around the school.

Walking, wheeling and scooting to school is fun!

We can win prizes!



We want to be part of something **BIG!**

By taking part we will learn about how changing our school journey can help us change our world for the better!



Did You Know?

49%

of UK school children worry
about air pollution.

This compares to 39% of
pupils surveyed in 2018*



62%

of UK school children
don't think adults are doing enough
to tackle climate change*



We can help make change happen together!

2022's Big Walk and Wheel in numbers

2,400

schools registered to take part

494,605

pupils participated

2,096,336

active journeys to school logged



Don't forget about the prizes!

Schools that get over 15% of their pupils taking part on each day will be entered into the daily prize draw.

We can win prizes for our school!

The more people we have making active journeys the better chance we have of winning a prize!



click image for large view





CtS
Let's go!



Sustrans is the charity making it easier for people to walk and cycle.

We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute.

Join us on our journey.

www.sustrans.org.uk

Registered Charity No. 326550 (England and Wales) SC039263 (Scotland)

VAT Registration No. 416740656.

