



Safe Travel



Be Safe.

Be Kind.

**Be an Active
Learner.**

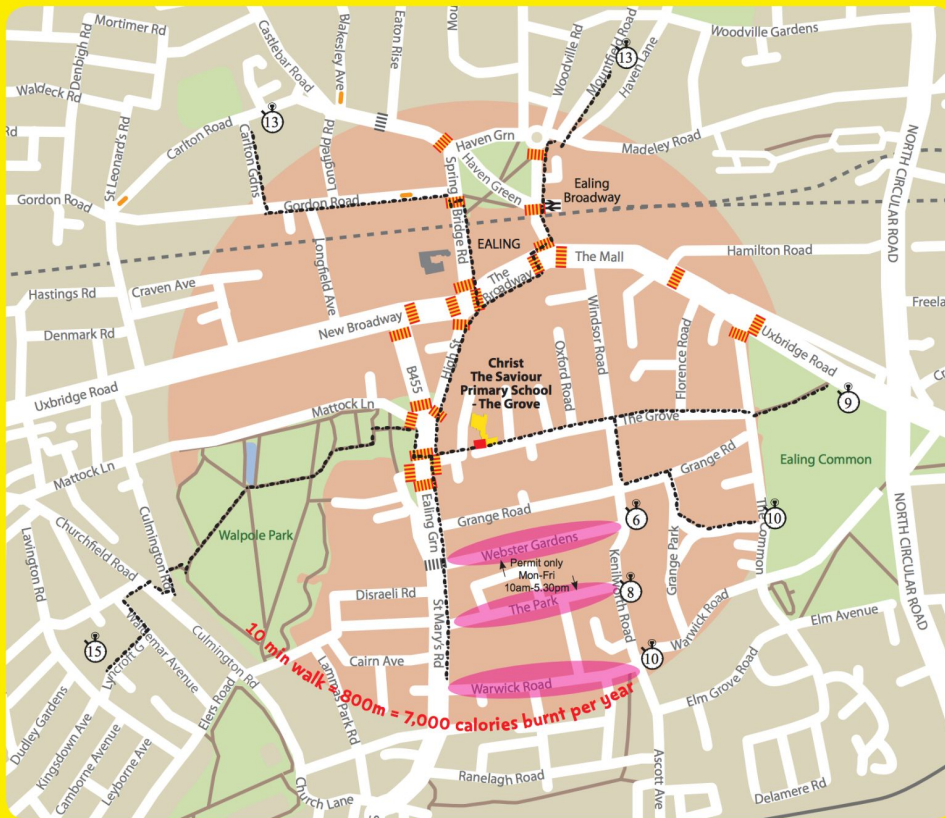


Be Safe.





What are some
of the risks of
walking to
school?



Plan your walk to school with your child!

Walking to school is a great way to engage with your child and teach them about crossing the roads safely along your journey.

Walking to school with your child counts towards the recommended daily target of at least 180 minutes of physical activity for children under 5 years old, or a minimum of 60 minutes of moderate activity for 5 to 18 year olds!

Walking is the most popular way parents travel and you and your child can meet lots of friends from school along the way.

- Popular walking route
- |||| Pelican crossing
- |||| Zebra crossing
- Pedestrian island
- 10 minute walk area
- Footpaths
- On-street park & stride
- School main entrance
- ⌚ Minutes to walk to school

Please remember that any advice we have provided you has not been based on any medical check. While physical exercise is beneficial in most circumstances, we recommend that if you are concerned about the suitability of some activities or experience discomfort whilst exercising, you seek medical advice from your GP.



Plan your route to school or back home

The bus or train is not running

You have lost your house keys

Your adult is not in the place you expected to meet them

There has been an accident and the bus takes a different route



Know what
to do if
things
don't go to
plan

Behaviour:

1. Follow adult instructions in school
2. Leave school calmly, in smart uniform and in small groups (no more than 3)
3. Uphold our school behaviour expectations on public transport and in public places
4. Follow our rules on mobile phones



Show you are
responsible
and
independent



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Organisation:

1. Remember your red card
2. Remember your bus pass
3. Remember your house keys



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