Nursery Spring 1: Food

How does food grow?

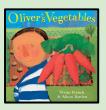
What are healthy and unhealthy foods?

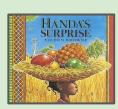
Who grows food for us to eat?

What are shopping lists for?

Where can we buy food?

What foods do different people eat around the world?







Understanding of the World

- Talk about the differences between materials, using descriptive words such as 'smooth and bumpy'
- Talk about caring for growing plants, knowing that they need water and sunlight to grow.
- Explore different ways of cooking and talk about the changes that occur e.g. potatoes to chips and dough to bread.
- There are lots of differences between the UK and Kenya which include weather, animals and food.

Communication, Language and Literacy

- Join in repeated refrains in familiar stories
- Name different fruits and vegetables
- Match rhyming words from a set of words e.g. cat, dog and rat
- Know that meaning can be relayed through signs and symbols
- Use longer spoken sentences of up to 4-5 words
- Draw a circle and vertical line (pre writing shapes)



Expressive Arts and Design

- Use different printing techniques e.g. fruit printing
- Explore the artist Giuseppe Arcimboldo who used fruits and vegetables to make different portraits.
- Identify and create different animal prints e.g stripes and spots





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Key Vocabulary



water sun dig rake pull soil seeds under on top next to behind in front

grow

plant



buy sell healthy unhealthy teeth food clean wash scrub cut

shopping

list



carrots spinach rhubarb cabbage beetroot peas potato fruits banana guava orange mango pineapple avocado passionfruit

vegetables



Africa Kenya hot globe map monkey ostrich zebra elephant giraffe antelope parrot goat







