



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Relationships and Health Education		Living in The Wider World		Relationships and Health Education	
Reception	Who am I? Themed lesson: Black History Month	What do I need to do to be healthy? Themed lesson: Anti-Bullying Week Road Safety Week	What is a rule and do we need them? Themed lesson: Safer Internet Day Children's Mental Health Week	What makes me special? Themed lessons: Autism Awareness Week Down Syndrome Awareness Day	How can I keep myself safe?	Who is important to me?
Year 1	Who is there to help? Themed lesson: Black History Month	What things does a healthy person do? Themed lesson: Anti-Bullying Week Road Safety Week	What are rules and why do we follow them? Themed lesson: Safer Internet Day Children's Mental Health Week	What will I bring to my community? Themed lessons: Autism Awareness Week Down Syndrome Awareness Day	What is personal safety?	What do we have in common?
Year 2	What is a good friend? Themed lesson: Black History Month	What things make us healthy and what things might harm our bodies? Themed lesson: Anti-Bullying Week Road Safety Week	What are rights and responsibilities? Themed lesson: Safer Internet Day Children's Mental Health Week	What is money? Themed lessons: Autism Awareness Week Down Syndrome Awareness Day	How does being safe make me feel?	How do I recognise risk?
Year 3	How do we make our relationships safe and fair? Themed lesson: Black History Month	What are healthy habits and why are they important? Themed lesson: Anti-Bullying Week Road Safety Week	How do communities make a difference? Themed lesson: Safer Internet Day Children's Mental Health Week	How do I make informed choices about money? Themed lessons: Autism Awareness Week Down Syndrome Awareness Day	How do I keep my body safe?	Who is there to help me when I think there's a risk?

Year 4	<u>Why are respectful relationships important?</u> Themed lesson: Black History Month	<u>What action can I take to look after my health?</u> Themed lesson: Anti-Bullying Week Road Safety Week	<u>What is citizenship?</u> Themed lesson: Safer Internet Day Children's Mental Health Week	<u>How can I support my community?</u> Themed lessons: Autism Awareness Week Down Syndrome Awareness Day	<u>What changes happen when I grow up?</u>	<u>What can I do about risk?</u>
Year 5	<u>What are the consequences of unhealthy and unfair relationships?</u> Themed lesson: Black History Month	<u>How do different parts of our bodies impact our health?</u> Themed lesson: Anti-Bullying Week Road Safety Week	<u>What is global citizenship?</u> Themed lesson: Safer Internet Day Children's Mental Health Week	<u>What do I want to do when I grow up? What is the media?</u> Themed lessons: Autism Awareness Week Down Syndrome Awareness Day	<u>What can I expect during puberty?</u>	<u>How do we respond to change, risk and harm?</u>
Year 6	<u>How can I maintain healthy relationships?</u> Themed lesson: Black History Month	<u>How are our physical and mental health connected?</u> Themed lesson: Anti-Bullying Week Road Safety Week	<u>How do we create equality for all citizens?</u> Themed lesson: Safer Internet Day Children's Mental Health Week	<u>How can I be prepared for work in the future? How do I stay critical online?</u> Themed lessons: Autism Awareness Week Down Syndrome Awareness Day	<u>How is my body preparing for adulthood?</u>	<u>How do relationships change as we grow up?</u>