

FREE **online parenting workshop**



HELPING CHILDREN COPE WITH SEPARATION & DIVORCE

Delivered by Chris Kolade
Ealing Parenting Service

Tuesday 11th
November 2025
10am-12pm
via MS Teams

When a family breaks up, it is hard for everyone, but this is a reality many children face. They need to be supported to understand that their parents need to move on from being a couple to being partners in parenting

How parents handle this process and deal with any conflict has a significant impact on how their children cope with their separation

Children need the love and support of both parents as they adjust to change

In this workshop, we will look at practical steps parents can take to ease the impact of their separation on their children, and help them feel safe and secure amid their parents' break up.

email parentingserviceadmin@ealing.gov.uk to register or for more info