

# **FREE** online parenting workshop



## **PARENTAL RELATIONSHIPS & HOW THEY IMPACT ON RELATIONSHIPS**

Delivered by Chris Kolade  
Ealing Parenting Service

Tuesday 18th  
November 2025  
10am-12pm  
via MS Teams

This workshop offers the opportunity to look at what makes and breaks relationships, and the impacts of these relationships on parenting.

This session will give you an understanding on what makes relationships healthy, and identifying behaviours that contribute to conflict or emotional strain.

This session is aimed at parents/carers of children and young people of all ages

email [parentingserviceadmin@ealing.gov.uk](mailto:parentingserviceadmin@ealing.gov.uk) to register or for more info