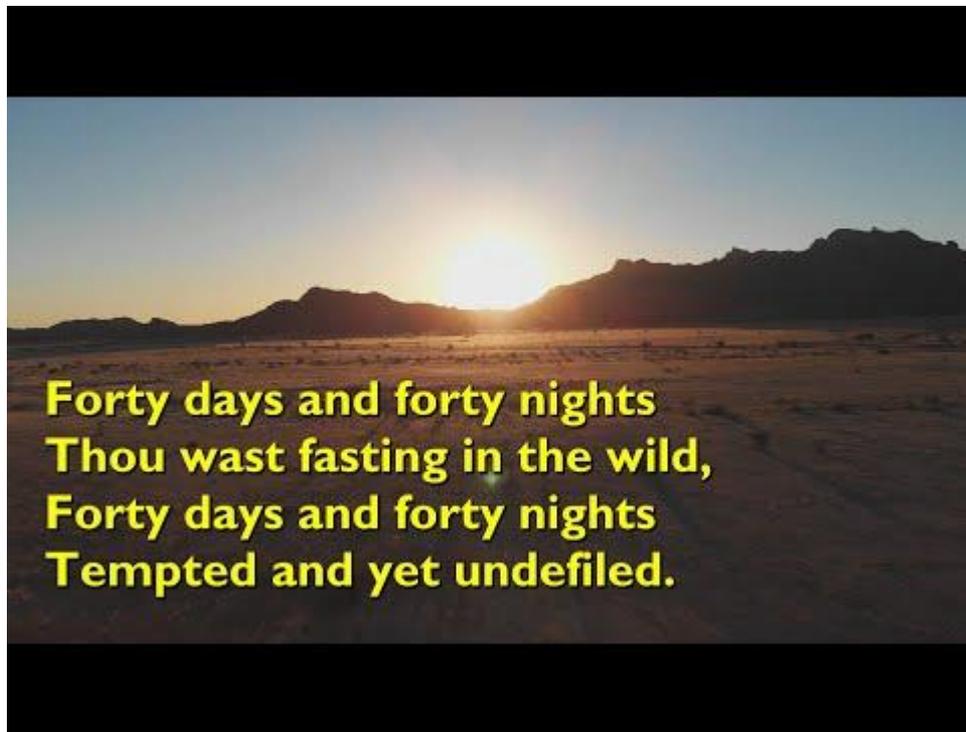


Collective Worship Hymn Reflection



Wednesday, 11th March, 2026

Pro Deo et Ecclesia



**Forty days and forty nights
Thou wast fasting in the wild,
Forty days and forty nights
Tempted and yet undefiled.**

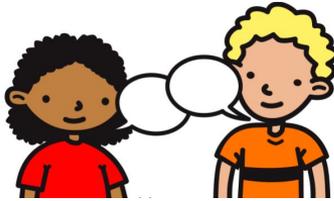


Our hymn for this week is 'Forty Days and Forty Nights
Listen to the hymn and sing along if you would like to.
Think about which bible story it tells.



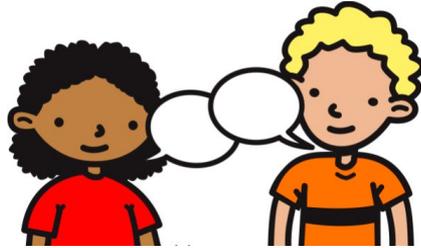
This hymn tells the bible story of when Jesus left the towns and villages and went into the **wilderness** to be by himself, to pray and prepare for the work he would do.

Forty days and forty nights
Thou wast fasting in the wild
Forty days and forty nights
Tempted still, yet undefiled



- How can you tell this hymn was written nearly 200 years ago?
- Could you and your teacher explain the verse in language we would use today?

Forty days and forty nights
Thou wast fasting in the wild
Forty days and forty nights
Tempted still, yet undefiled



- What facts about the story of Jesus in the wilderness does this first verse teach us?



During **Lent** Christians remember the story of Jesus in the wilderness and try and draw closer to God, like Jesus did, through prayer and fasting. We sing the hymn 'Forty Days and Forty Nights' in Lent to remind us of the bible story. **Lent** is also **40 days**.



Reflection:

Think about a way in which you could draw closer to God during this time of Lent.

Thank God for this time of year. Pray that during this time of Lent God would draw close to his people and that in our busyness we would make time for God.