



CHRIST THE SAVIOUR SCHOOL

lunch menu

SUMMER 2026

BROADWAY

FRESH FRUIT, FRESH BREAD
AND SALAD BAR AVAILABLE DAILY.
ALL LUNCHESES SERVED WITH FRESH
SEASONAL VEGETABLES.

| WEEK 1 | MEAT-FREE MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------|
| MAIN allergens | Tuna pasta bake OR jacket potato with baked beans, tuna or cheese and sweetcorn wheat | Beef or chicken burger, salad and coleslaw wheat | Spaghetti bolognese with garlic bread, broccoli and carrots wheat | Roast chicken, roast potatoes, stuffing or Yorkshire pudding, parsnips, carrots, gravy wheat | Fish fingers, chips, peas and baked beans wheat |
| VEGETARIAN allergens | Roasted peri-peri vegetables, rice & sweetcorn | Veg or spicy bean burger, salad and coleslaw wheat | Cheese, onion, sweetcorn quiche, new potatoes OR tofu, cauliflower & spinach curry, broccoli & carrots wheat | Spinach & sweet potato curry, rice, parsnips and carrots | Vegetable fingers, chips, peas and baked beans wheat |
| DESSERT allergens | Strawberry frozen yoghurt | Fruit | Apple crumble and custard wheat | Yoghurt pot or fresh fruit | Orange jelly and mandarins (V) |

| WEEK 2 | MEAT-FREE MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------|------------------------------------------------|---------------------------------------------------------------------|--------------------------------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| MAIN allergens | Macaroni cheese, carrots and broccoli wheat | Mexican beef taco, salsa, savoury rice, sweetcorn and peas wheat | Sticky chicken, rice, butternut squash and green beans | SANDWICH BAR: ham, egg, cheese, tuna, milk-free cheese; ALTERNATE WEEKS: bacon, soft cheese wheat | Margherita pizza & criss-cut chips OR sun-dried tomato pasta wheat |
| VEGETARIAN allergens | Chickpea dhal, rice, carrots & broccoli | Spicy bean taco, salsa, savoury rice, sweetcorn and peas wheat | Singapore noodles, butternut squash and green beans wheat | SANDWICH BAR: milk-free cheese and onion; ALTERNATE WEEKS: tofu and avocado wheat | Margherita or roast peppers and onion pizza & criss-cut chips OR sun-dried tomato pasta wheat |
| DESSERT allergens | Peach/strawberry yoghurt or fresh fruit | Fruit | Banana flapjack may contain wheat/barley/rye | Yoghurt pot or fresh fruit | Strawberry jelly and fruit cocktail (V) |



Unfortunately, as food allergens are present in our kitchen, we cannot guarantee any menu items will be completely free from a particular allergen. If you have any food allergies or intolerances please let us know so we can help you choose a meal. Parents are welcome to discuss allergies direct with the chef via the school office.

ALLERGEN KEY

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|----------------------------------------------|--------------------|--------------------|----------------|-------------------------------------|-------------------|---------------------|
| G gluten (wheat, barley, oats or rye) | Milk milk | E eggs | F fish | Cr crustacea | S sesame | C celery |
| M mustard | So soyabean | Mo molluscs | L lupin | Su sulphur dioxide/sulphites | Pn peanuts | Tn tree nuts |