Collective Worship
Hymn Reflection



Wednesday, 4th November, 2026

Pro Deo et Ecclesia



Listen to the hymn and sing along if you would like to.

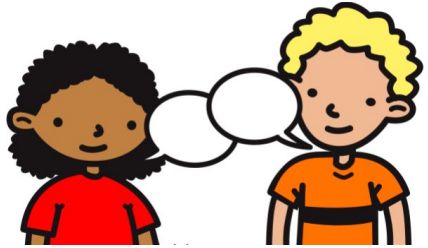
The hymn 'Seek Ye First' is based on a bible verse from the gospel of Matthew. Jesus went up a mountainside and talked to the crowds about how they should live, how they should pray and how they should not worry.



Jesus told the crowds they should not worry about what they will eat or drink or wear, instead he said:

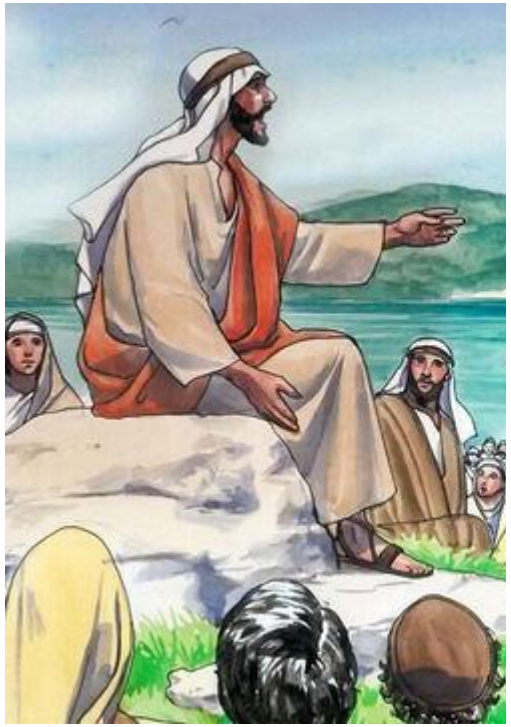


"But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself."



What do you think Jesus meant when he said we should seek first God's kingdom? (seek means to search for something or to try and find something)

If we put God first and trust in him how can that help us not to worry?





Reflection:
Is there anything you are worrying about at the moment? Who could you share your worries with?

Prayer:
Thank God that he promises to look after us and care for us and that he is always there for us if we **trust** in him.