**Christ the Saviour Primary School**
PSHE Curriculum Map 2026/2027

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| | **Relationships and Health Education** | | **Living in The Wider World** | | **Relationships and Health Education** | |
| Reception | Who am I?<br><br>Themed lesson:<br>Black History Month | What do I need to do to be healthy?<br><br>Themed lesson:<br>Anti-Bullying Week<br>Road Safety Week | What is a rule and do we need them?<br><br>Themed lesson:<br>Safer Internet Day | What makes me special?<br><br>Themed lessons:<br>Autism Awareness Week | How can I keep myself safe?<br><br>Allergy Awareness | Who is important to me? |
| Year 1 | Who is there to help?<br><br>Themed lesson:<br>Black History Month | What things does a healthy person do?<br><br>Themed lesson:<br>Anti-Bullying Week<br>Road Safety Week | What are rules and why do we follow them?<br><br>Themed lesson:<br>Safer Internet Day | What will I bring to my community?<br><br>Themed lessons:<br>Autism Awareness Week | What is personal safety?<br><br>Allergy Awareness | What do we have in common? |
| Year 2 | What is a good friend?<br><br>Themed lesson:<br>Black History Month | What things make us healthy and what things might harm our bodies?<br><br>Themed lesson:<br>Anti-Bullying Week<br>Road Safety Week | What are rights and responsibilities?<br><br>Themed lesson:<br>Safer Internet Day | What is money?<br><br>Themed lessons:<br>Autism Awareness Week | How does being safe make me feel?<br><br>Allergy Awareness | How do I recognise risk? |
| Year 3 | How do we make our relationships safe and fair?<br><br>Themed lesson:<br>Black History Month | What are healthy habits and why are they important?<br><br>Themed lesson:<br>Anti-Bullying Week<br>Road Safety Week | How do communities make a difference?<br><br>Themed lesson:<br>Safer Internet Day | How do I make informed choices about money?<br><br>Themed lessons:<br>Autism Awareness Week | How do I keep my body safe?<br><br>Allergy Awareness | Who is there to help me when I think there's a risk? |

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| Year 4 | Why are respectful relationships important?<br><br>Themed lesson: Black History Month | What action can I take to look after my health?<br><br>Themed lesson: Anti-Bullying WeekRoad Safety Week | What is citizenship?<br><br>Themed lesson: Safer Internet Day | How can I support my community?<br><br>Themed lessons: Autism Awareness Week | What changes happen when I grow up?<br><br>Allergy Awareness | What can I do about risk? |
| Year 5 | What are the consequences of unhealthy and unfair relationships?<br><br>Themed lesson: Black History Month | How do different parts of our bodies impact our health?<br><br>Themed lesson: Anti-Bullying Week Road Safety Week | What is global citizenship?<br><br>Themed lesson: Safer Internet Day | What do I want to do when I grow up? What is the media?<br><br>Themed lessons: Autism Awareness Week | What can I expect during puberty?<br><br>Allergy Awareness | How do we respond to change, risk and harm? |
| Year 6 | How can I maintain healthy relationships?<br><br>Themed lesson: Black History Month | How are our physical and mental health connected?<br><br>Themed lesson: Anti-Bullying Week Road Safety Week | How do we create equality for all citizens?<br><br>Themed lesson: Safer Internet Day | How can I be prepared for work in the future? How do I stay critical online?<br><br>Themed lessons: Autism Awareness Week | How is my body preparing for adulthood?<br><br>Allergy Awareness | How do relationships change as we grow up? |